

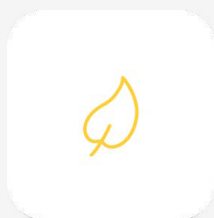


# Welcome to LifeWorks!

Feel supported and connected with a confidential Employee Assistance Program on an innovative well-being platform.

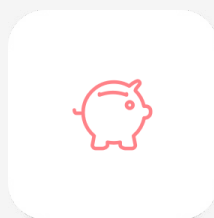
Designed to help you with all of life's questions, issues and concerns, LifeWorks offers support with mental, financial, physical and emotional well-being, 24/7/365 days a year. Through LifeWorks, you have access to a range of services, including expert tips and strategies, suggested resources and referrals, as well as a wealth of online articles, podcasts, toolkits, and more.

## What exciting new features can you expect?



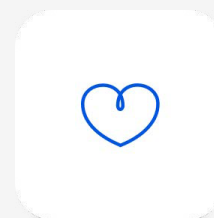
### Well-being News feed

**Personalized News feed** giving your employees short, helpful, "snackable" daily content to help them take control of their well-being journeys.



### Perks & Rewards

Save money on daily purchases and the important things in life with our exclusive Perks offering **discounts at over 700 retail brands**.



### Employee Assistance

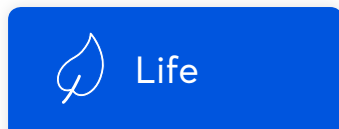
**Provide your employees with support** from specialists in financial and legal, child care and elder care, future planning and debt support, retirement and many more.



- Parenting
- Couples
- Separation/Divorce
- Adoption
- Death/Loss
- Childcare
- Education



- Saving
- Investing
- Budgeting
- Managing Debt
- Home Buying
- Renting
- Estate Planning
- Bankruptcy



- Retirement
- Midlife
- Legal
- Relationships
- Disabilities
- Crisis
- Personal Issues



- Mental Health
- Addictions
- Fitness
- Managing Stress
- Nutrition
- Sleep
- Smoking Cessation
- Alternative Health



- Time Management
- Career Development
- Work Relationships
- Work Stress
- Managing People
- Shift Work
- Coping with Change
- Communication

Download the app now, just search for "LifeWorks".



Contact LifeWorks anytime for confidential support:



All personal information that we collect about you will be stored and kept confidential. We will not disclose your personal information outside of LifeWorks without your prior consent, unless there is a threat to human life of physical safety or if we are legally required to do so. Calls may be recorded for training, monitoring and complaint investigation purposes

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